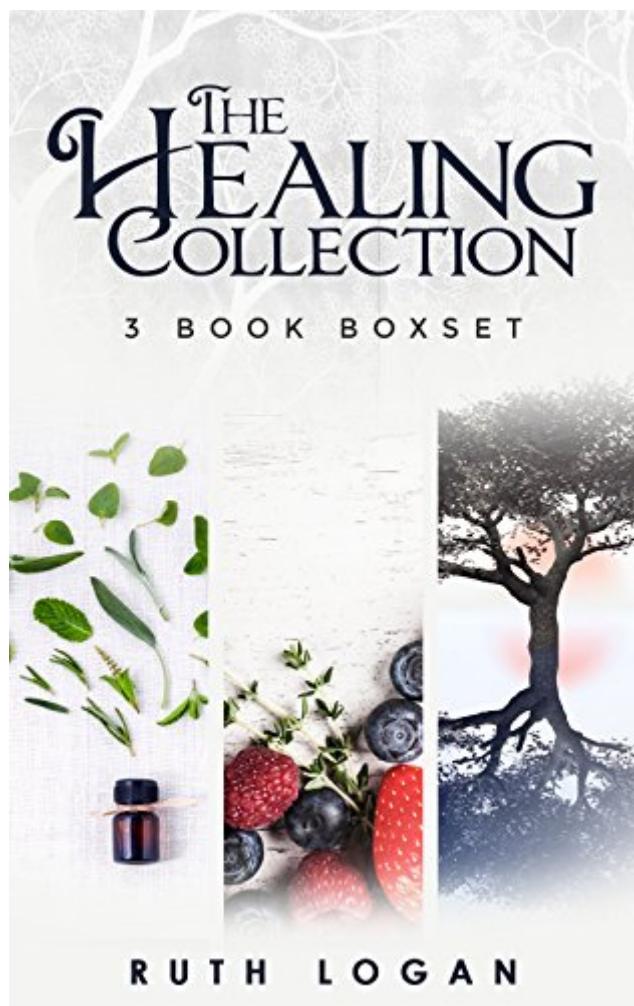


The book was found

# The Healing Collection: 3 Book Boxset (Aromatherapy, Antioxidants, Healing)



## Synopsis

Was \$8.97. Now \$3.99. Save over 55%!Discover the Simple Approach to Natural Healing with Ruth Logan's 3 Book Boxset: The Healing CollectionAre you frustrated with your current level of health? Do you experience pain, discomfort and irritation on a regular basis? Are you sick of trying expensive remedies that don't work? Do you want to find quick, easy to follow, and effective solutions to improve your health? All these challenges are covered, and more, in The Healing Collection: 3 Book BoxsetGet 3 of Ruth Logan's books on Healing for the low price of \$3.99. The Boxset includes:  
Aromatherapy: A Beginner's Guide to Creating Homemade Aromatherapy Oils  
Antioxidants: A Simple Method to Increase Brain Power, Strengthen Your Immune System and Reverse the Aging Process  
Healing: 7 Ways To Heal Your Body In 7 Days  
Aromatherapy: A Beginner's Guide to Creating Homemade Aromatherapy Oils. Aromatherapy, also known as Essential Oil Therapy, can be described as the science and art of using naturally extracted essences from plants to harmonize, balance and promote the well being of the mind, body and spirit. In this book, you'll learn how to unite psychological, physiological and spiritual processes to enhance the human's natural ability to heal. You'll find everything you need to know to get your feet wet and discover the uses of essential oils in aromatherapy, for yourself and your home. It contains numerous Aromatherapy recipes for each ailment, beauty treatment or practical use around the home  
In Antioxidants: A Simple Method to Increase Brain Power, Strengthen Your Immune System and Reverse the Aging Process, you'll learn the basics of what Antioxidants are, how we can benefit from increasing the intake into our body, and how to restructure your diet and lifestyle into an easy to follow format, that's not demanding on your time, energy or finances. At the end of the book you'll be provided with multiple meal options for breakfast, lunch, and dinner that are rich in Antioxidants. This book is meant for someone that doesn't want to be bogged down with scientific data and technical terms, but wants real, actionable steps to increase Antioxidants into their life in an easy, fun, and affordable way. Everything in this book is simple and easy to follow. It contains specific, easy-to-do tips and language. In Healing: 7 Ways To Heal Your Body In 7 Days, you'll discover how to help your body heal with only the power of your mind, in just 7 days. Your mind is the most powerful tool you have and you need to understand how it works and what influences it, in order to live a healthy and happy life. You'll learn how to change your Limiting Beliefs, Listen to Your Body, Eliminate Stress, Utilize Manifestation, Visualization, Chakras and Reflection. The aim of this book is to understand where your pain comes from and to heal the cause, not just the symptom. Ruth Logan's The Healing Collection: 3 Book Boxset will help to improve the health of your body and mind in short, realistic and actionable steps. Thereby

increasing the likelihood of you taking action and experiencing success. Buy all three books today at over 55% off the cover price!

## **Book Information**

File Size: 1474 KB

Print Length: 173 pages

Simultaneous Device Usage: Unlimited

Publisher: HRD Publishing (April 12, 2016)

Publication Date: April 12, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01E7L6LAK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #336,268 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #17 in Kindle Store > Kindle eBooks > History > Religion > Hinduism #36 in Books > Religion & Spirituality > Hinduism > History #45 in Books > Health, Fitness & Dieting > Nutrition > Antioxidants & Phytochemicals

## **Customer Reviews**

This book had just what I was looking for

Good

This book is for people who have no knowledge of aroma therapy.

Nothing new. Kind of boring.

Great book!

## good reads

I received this book at no charge for Kindle from . I want to thank the author for generously providing this novel at no cost.

Very interesting. Enjoyed the book

[Download to continue reading...](#)

Aromatherapy: 30 Aromatherapy Recipes From My Aromatherapy Private Collection ::: Proven Aromatherapy Recipes That Work! Aromatherapy & Essential Oils: The Complete Aromatherapy & Essential Oils Guide for Beginners (Essential Oils Book, Aromatherapy Book, Essential Oils and Aromatherapy Recipes for Everyone) The Healing Collection: 3 Book Boxset (Aromatherapy, Antioxidants, Healing) The Abigail Fisher Amish Romance Anthology Mega Boxset: Volume 1: 13-Book Amish Romance Mega Boxset Aromatherapy: An A-Z: The Most Comprehensive Guide to Aromatherapy Ever Published Essential Aromatherapy: A Pocket Guide to Essential Oils and Aromatherapy Aromatherapy: 600 Aromatherapy Recipes for Beauty, Health & Home - Plus Advice & Tips on How to Use Essential Oils Aromatherapy Recipes: Simple Aromatherapy Blends and Essential Oils for Beginners. Massage Oils for Wellness, Beauty and Relaxation Creating Fairy Garden Fragrances: The Spirit of Aromatherapy (Storey's Spirit of Aromatherapy) Essential Oils Box Set #17: Coconut Oil for Skin Care & Hair Loss & Healing Babies and Children with Aromatherapy for Beginners (Coconut Oils, Skin Care, ... Healing, Detox, Virgin Coconut Oil) Healing: Reclaim Your Health: Self Healing Techniques: Fasting, Meditation, Prayer, Healing Medicine, and Energy Work (Channeling, Shamanism, Chakra Healing, ... Qigong Healing, Ayahuasca Book 1) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing) Herobrine - The Complete Collection (17 Books In 1 Boxset) Soapmaking, Body Butter & Essential Oils DIY Collection x 9: Soapmaking, Body Butter & Essential Oils Boxset Bundle: Making Soap At Home, DIY Soap Recipes, ... & MUCH MUCH MORE! (DIY Beauty Boxsets) The Last Girl Super Boxset: A Collection Of Riveting Mysteries Ayurveda: Ayurvedic Essential Oils & Aromatherapy for Amazing Relaxation, Beautiful Skin & Tremendous Healing! (Ayurveda, Essential Oils, Natural Remedies, DIY Book 1) Vibrational Healing Through the Chakras: With Light, Color, Sound, Crystals, and Aromatherapy Crystal Healing: Simple Guide To Understanding The Benefits Of Crystals (Healing Stones ,Energy Healing,Crystal Healing Book 2) Reiki: The Healing Energy of Reiki - Beginnerâ's Guide for Reiki Energy and Spiritual Healing: Reiki: Easy and Simple Energy Healing Techniques Using the ... Energy Healing for Beginners Book 1) Crystal Healing: The

# Ultimate Reference Guide To Understanding The Benefits of Crystals (Healing Stones, Energy Healing, Crystal Healing, Chakras Book 1)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)